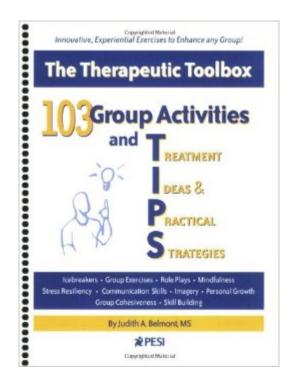
# The book was found

# 103 Group Activities And TIPS (Treatment Ideas & Practical Strategies)





### Synopsis

Fill your therapeutic toolbox with innovative, experiential exercises to enhance any group with 103 Group Activities and TIPS and Belmont's newest group book (2016) 150 Group Therapy Activities and TIPSI103 Group Activities and T.I.P.S. (Treatment Ideas and Practical Strategies), as well as her more recently released 150 Group Therapy Activities and TIPS, are gleaned from 40 years of clinical experience coupled with her passion for "hands-on" mental wellness education. These straightforward and universally relevant "how to" exercises are smartly spiral bound so you can easily make copies for your clients. All the TIPS are geared to helping participants take a proactive approach and experience change, not just talk about it.Within the T.I.P.S. approach, each of the 103 activities, handouts or strategies is broken down even further into T.I.P.s (Theory, Implementation and Processing). This unique approach makes every TIP easy to understand and put to practice.You will find blueprints for group success in icebreakers, role plays, mindfulness, stress resiliency, communication skills, imagery, personal growth, group cohesiveness and skill building.

#### **Book Information**

Spiral-bound: 153 pages Publisher: PESI Publishing & Media; Spi edition (January 1, 2006) Language: English ISBN-10: 0979021804 ISBN-13: 978-0979021800 Product Dimensions: 0.5 x 8.8 x 10.8 inches Shipping Weight: 14.4 ounces (View shipping rates and policies) Average Customer Review: 4.2 out of 5 stars Â See all reviews (69 customer reviews) Best Sellers Rank: #18,087 in Books (See Top 100 in Books) #22 in Books > Textbooks > Social Sciences > Psychology > Clinical Psychology #23 in Books > Parenting & Relationships > Family Relationships > Divorce #29 in Books > Medical Books > Psychology > Psychotherapy, TA & NLP

#### **Customer Reviews**

I purchased this book to help assist in designing a support group in my local area. There are several easy group ideas to help get the group started, build rapport with and between the group members, as well as ideas for ending the group. What a great resource! I wish I had had this when I was taking my group counseling class in my master's program!

# GREAT RESOURCE BOOK, HAS WONDERFUL AND ENRICHING IDEAS THAT WOULD SUIT EVERYTHING FROM FAMILY THERAPY, EDUCATIONAL SETTINGS TO ADDICTION GROUP SESSIONS.

I have purchased quite a few group activity books for use for the groups that I run on a mental ward in Pa. This book is absolutely the best of the lot. Activities from other sourses are helpful in supplimenting the material in this manual, but that is seldom necessary. I'll be looking for the author's next volume.

I am a Substance Abuse Counselor and some of these activities work great with my groups. I work mostly with adults but it really work well with the adolescent groups as well.

This is an excellent book to use with groups. The ideas are fresh and easy to work with for small, medium or large groups.

Great activities to use with groups and individuals to facilitate understanding of the process of addiction. Makes for good reading. Easily understood and easy to apply. User friendly.

I really like this book. It is exactly what it says it is. These group activities are easy to do and implement in a group. They provide outlets to let you see a client's insight and to help them gain insight. It has been so useful that other counselors have borrowed my book to do activities with their groups. Very easy to use and usually doesn't require much in the way of props.

Had this book some time ago and ended up losing it to a coworker, such a good book I came back to get another. Has a lot of different activities/worksheets that work well for groups, especially with an older population less able to follow through on more active group activities such as those found in ones geared towards kids/teens.

#### Download to continue reading...

103 Group Activities and TIPS (Treatment Ideas & Practical Strategies) 201 Fun Senior Activities -Top Senior Activities, Elderly Activities, Dementia Activities, and More! (Fun! for Seniors) Brief Group Treatment: Practical Training for Therapists and Counselors (Group Counseling) Take Back Your Life: 103 Highly-Effective Strategies to Snuff Out a Narcissist's Gaslighting and Enjoy the Happy Life You Really Deserve (Detoxifying Your Life) Wedding Tips #1: 101 Wedding Reception Decorating Ideas (Stunning Ideas and Tips for Your Dream Wedding Reception) 1st Grade Spelling Games & Activities: Activities, Exercises, and Tips to Help Catch Up, Keep Up, and Get Ahead (Sylvan Language Arts Workbooks) 1001 Pediatric Treatment Activities: Creative Ideas for Therapy Sessions Hepatitis C Treatment One Step at a Time: Inspiration and Practical Tips for Successful Treatment Grow Fruit Indoors Box Set: 22 Cultivating Tips to Make Your Own Garden With Extra Gardening Tips To Grow Your Favorite Exotic Fruits Plus Tips How to ... Set, Grow Fruit Indoors, Gardening Tips) No-Drama Discipline Workbook: Exercises, Activities, and Practical Strategies to Calm The Chaos and Nurture Developing Minds CompTIA Linux+/LPIC-1 Certification All-in-One Exam Guide, Second Edition (Exams LX0-103 & LX0-104/101-400 & 102-400) Psychology Applied to Modern Life: Adjustment in the 21st Century (PSY 103 Towards Self-Understanding) Te Deum, Op. 103 - Vocal score (Latin Edition) Symphony No. 103 in E-Flat Major ("Drum Roll") (Norton Critical Scores) Schubert -- Fantasie in F Minor, Op. 103, D. 940 (Alfred Masterwork Edition) 103 Chistes ComiguÃ-simos Para Nià os En Espaà ol - Chistes para Contar y Nunca Olvidar (Spanish Edition) Flying Tigers Colors: Camouflage and Markings of the American Volunteer Group and the USAAF 23rd Fighter Group, 1941-1945 (Warplane Color Gallery) Group Techniques for Program Planning: A Guide to Nominal Group and Delphi Processes Flashcard Study System for the ACE Group Fitness Instructor Exam: ACE Test Practice Questions & Review for the American Council on Exercise Group Fitness Instructor Exam EROTICA: BUNDLE - TABOO BOOKS (SWINGERS, CUCKOLD, INTERRACIAL, SHARING, THREESOME, HOTWIFE SHORT SEX STORIES COLLECTION, BDSM GROUP, SEXY FF MM GROUP SERIES)

<u>Dmca</u>